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# Tail Rubbing

Tail rubbing is a common problem seen in many horses both seasonally & year-round. There are many different causes for tail rubbing and treatments can vary widely. It is important to schedule routine wellness visits with your veterinarian at least once a year to ensure your horse is up-to-date with preventative care.

### Causes:

- GI Parasites
- Pinworms (\*Note: These worms do not typically show up on routine fecal float examination)
- Insect Bite Hypersensitivity (Midges, Biting Flies)
- Ticks
- Environmental Allergies
- Dry Skin
- Lice/Mites
- Dirty Udder / Sheath
- Behavioral
- Pain/Discomfort
- Injury / Trauma
- Perianal Tumors
- Mild Colic / Fecal Impaction
- Late Term Pregnancy (fetal pressure)

## **Recommendations:**

- 1. Fecal Egg Count This is a simple test to rule out most common GI parasites.
- 2. **Tick Preventative** Ensure your horse is on an appropriate tick preventative, such as Permectrin CDS or Equispot, especially during the spring, summer, and fall months.
- 3. **Physical Examination** This can help distinguish between environmental sensitivities or a potentially more serious issue.

\*Treatment will depend on the cause, which is why it is important to have a thorough physical examination performed by your veterinarian. Simple topical salves or sprays may be sufficient for dry skin or insect bite sensitivity, but a sedated sheath clean may be the better suited for your horse's needs. Your vet can give you customized recommendations to help solve your horse's tail rubbing problem.





Large and small strongyles





#### Perianal Melanomas

#### Anna Hood, DVM CVMMP Jamie Nickels, DVM

